

Life of a PhD student

Arnau Albà Summer student programme, 07.08.2024

About me

- BSc Physics at EPFL
- MSc Physics at ETH Thesis: Full 3D Modelling of Electron-Wiggler Interactions
- Currently: PhD in the 4th year Laboratory for Simulation and Modelling (LSM) Laboratory for Reactor Physics and Thermal-Hydraulics (LRT) Novel Methods for Uncertainty Quantification of Spent Nuclear Fuel

Interests:

- Computational electromagnetics
- Uncertainty quantification
- Numerical methods
- Neutronics simulations
- Particle accelerator modelling



PhD: Characterisation of Spent Nuclear Fuel



PhD: Characterisation of Spent Nuclear Fuel



Challenges:

- How much shielding is needed for the spent fuel?
- How hot (decay heat) will it be?
- How to prevent criticality? (chain reaction)
- How many canisters?

We have to predict these characteristics for the next 1 million years!

Spent fuel keeps evolving for long time periods.

 \Rightarrow calculations must be accurate and robust for long time periods



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Goal of PhD:

• Current UQ methods are computationally expensive (slow)



- Given the amount of nuclear fuel for disposal, we need faster methods
- Investigate new methods for faster UQ



Choosing PhD, what to take into account?

• Topic, prestige of group, ...



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My example:

- After MSc I felt like an "expert" in computational electromagnetics and particle accelerator modelling
- Applied for two PhDs: one on comp. EM in Zürich, one on nuclear fuel at PSI
- I chose PSI due to environment and people!
- At first, afraid of new topic where I knew nothing
- In hindsight, I have expertise in two very different fields! When applying for postdoc and industry both fields were viable for me.

Life of a PhD at PSI

1st year:



- Reading, reading, and reading! (you will thank yourself later)
- Lots of impostor syndrome (never really goes away)
- Ask all the basic questions
- Listen to feedback and give presentations whenever you can
- Prepare research plan and aptitude colloquium (main task)
- Don't expect much progress (no papers, might be frustrating, but you are still learning, your supervisor knows this too!)

Life of a PhD at PSI

2nd year:



- Start to perform relevant work according to plan
- Sometimes feeling lost, or no progress \Rightarrow follow research plan and discuss often with your supervisor
- Conferences:
 - Great for sharing work and getting honest feedback
 - Networking is crucial! "you always meet twice" (future job, consulting other experts...)
 - First conference alone? many others in your situation, scientists are very friendly and forthcoming!
- Maybe first paper (be ready for rejection and major revision, it happens to everyone)

Life of a PhD at PSI

3rd-4th year:



- This is the most productive time, you are more expert in the field than 99% of people around you
- Most of your papers happen now. You know what is lacking in the field and you know how to address these problems
- Start writing thesis very early. Do not underestimate how long it takes to write $\sim 100~{\rm pages!}$
- Write, write, and write!

Some finishing thoughts

- Enjoy your PhD!!
 - Learning all the time, on the cutting edge of research
 - Studying what you love
 - Lots of freedom to suggest new methods and crazy ideas

PS

- Enjoy time with colleagues, meet new people
- Working hard is important, but weekends and rest are equally important
- There will be tough times: deadlines, rejected papers, brutally honest feedback

It will be okay Learn from these situations, work hard when it's needed, discuss openly and often with your supervisor

 You might feel alone at times (you are expert in your niche topic, perhaps cannot discuss details) ⇒ use conferences and networking to discuss with top world experts in your topic